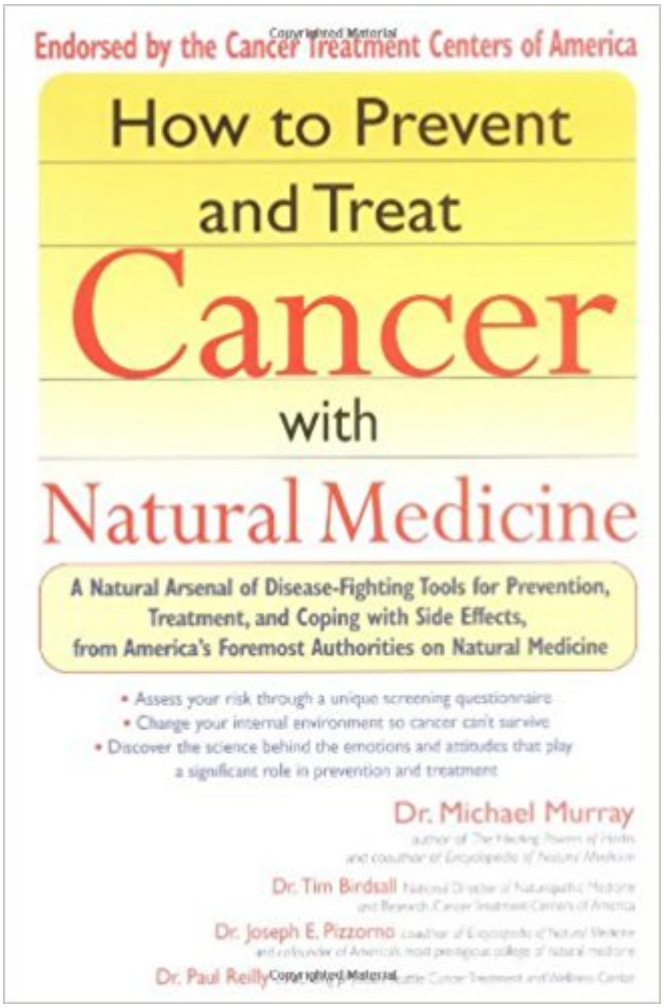
Ebook Directory
the best source of ebook

The book was found

How To Prevent And Treat Cancer With Natural Medicine



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

In this comprehensive, practical approach to combating and preventing cancer, readers can assess their risks through a screening questionnaire, learn to change their internal environment to thwart cancer, and discover the science behind the emotions and attitudes that play a significant role in prevention and treatment. Divided into three sections-prevention, treatment, and coping with side effects of treatment-How to Prevent and Treat Cancer with Natural Medicine offers precise combinations of food, vitamins, herbs, minerals, and supplements; daily meal plans; and shopping lists, as well as specific recommendations for breast, prostate, lung, and colon cancer.

Book Information

Paperback: 432 pages

Publisher: Riverhead Books; First Thus edition (November 4, 2003)

Language: English

ISBN-10: 1573223433

ISBN-13: 978-1573223430

Product Dimensions: 6.1 x 0.9 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 48 customer reviews

Best Sellers Rank: #548,429 in Books (See Top 100 in Books) #94 inÃ Â Books > Cookbooks, Food & Wine > Special Diet > Cancer #388 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy #429 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General

Customer Reviews

This encyclopedic compendium of "natural" medicinal strategies offers encouragement and much sound advice to cancer patients and those seeking to ward off the disease. The authors, doctors of naturopathy, advocate complementing, not replacing, standard therapies with alternative therapies to prevent cancer, slow its progress and cope with the side effects of chemotherapy and radiation. Their emphasis is on nutrition and diet, including vitamin and mineral supplements rich in antioxidants and heavy doses of herbal teas and fish oil, but they also cover acupuncture, hydrotherapy and massage. Their sober approach cites numerous medical studies, including those with conflicting results, to back up their claims, and warns readers when natural medicines are contraindicated or might interfere with standard medications. The sometimes bewildering amount of information is clearly summarized in bullet-pointed regimens tailored to specific kinds of cancer and

treatment protocols, and accompanied with sample menus and recipes to make a low-fat, low-sodium, hot-dog-free (studies link the consumption of cured meats to childhood cancers such as leukemia) diet more palatable. While the scientific jury is still out on the efficacy of some of the authors' recommendations, their basic program-stop smoking and drinking, exercise, eat lots of whole grains, fruits and vegetables-is uncontroversial. Copyright 2002 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

More than 35 books on alternative or complementary treatments for cancer have been published in the last ten years, not including those on specific cancers, but this title stands out. Besides being exceptionally well written and researched, it is also very reader-friendly. Authored by four naturopathic physicians and endorsed by the Cancer Treatment Centers of America, the book begins with a discussion of how to prevent cancer with natural medicine and diet. A somewhat complicated cancer-risk self-assessment survey appears here. The second section covers responding to a cancer diagnosis and key questions to ask. A chapter on cancer-fighting natural products explores what the authors call "the super eight" and includes dosages of these compounds for specific cancers. The mind-body connection is also explored at length. The third section, which is the most useful in the book, addresses the use of natural medicines to help combat the side effects of chemotherapy, radiation, and surgery. The extensive appendixes include daily plans for preventing and beating cancer and recipes. Recommended for consumer health collections not already possessing a recent work on the topic. Valeria Long, Grand Valley State Univ. Lib. at the Van Andel Inst., Grand Rapids, MICopyright 2002 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

The most complete and useful book I have seen as far as cancer complementary treatments. Includes helpful protocols, vitamins and mineral recommendations for different situations, suggested menus etc...My wife had a pancreatic cancer detected in May 2009, treated totally and successfully by alternative means only. We depended heavily on the treatments described in this book, plus the very effective cancer fighting Beljanski products (look up Pao V-FM, Ladybel, Prostabel and RealBuild, also available here at). I consider the combination as very effective: the Beljanski products directly fight cancer cells with no side effects, giving time and opportunity to the complementary protocols described in this book to bring the body back to a healthy condition. The outcome is true healing, where the organism is finally strong enough to control the cancer by itself again.At least that was the case with my wife, who never received chemio, radiation or surgery and

has until now over six years with an excellent quality of life, instead of the 3 to 6 months normal and painful prognosis.

I love this book! Purchased it for my niece when she was diagnosed with a Stage 4 cancer 7 years ago. She is cancer free! She gave it back to me when I was diagnosised with a Stage 3 cancer last year. I got through all the treatments in an amazing way following this book! I worked my job through all of my treatments and walked 2 miles every day! I then passed the book to a friend with advanced cancer & bought myself a new one. The advice is amazing and easy to follow. I researched everything they put in the book and it seemed accurate based on my findings.

I still give this book five stars, but as far as treating cancer with natural medicine, I don't have the courage. However, this book does discuss what to take during conventional treatment, which I applaud. I believe in combining conventional and natural treatment. I was forced into a purely natural approach when my 86 year old mother's oncologist wanted to "watch" her stage one lung cancer without further treatment (she had targeted radiation in 2009 which shrunk the tumor) when her PET scan turned out showing renewed cancer activity. Not wanting to "watch" her die of cancer, I implemented an intensive natural approach using the suggestions in this and other books. Nine months and two PET scans later, her cancer has stabilized and her two PET scans both showed reduced cancer activity. I give her a great multivitamin, curcumin, ginger, OMEGA 3 combination oil, quercetin, resveratrol, lutein, green tea capsules, and soy isoflavones and NAC with are synergistic with the green tea capsules. So far so good. Don't forget the fruits and vegetables, because everything I read talks about how important these are.

Very informative on ways to prevent cancer, great for people who have cancer and are looking for alternatives.

This book is really a great way to take charge of your diagnosis and follow the supplement regimens and other suggestions. I hope the update this book soon - but it has been so beneficial in my treatment decisions and health regimen and supplements. I have used Dr. Michaels supplements way before coming across this book. I have gotten for friends on Chemo and recurrance and for intial diagnosis. Get for your self or others. Highly recommended.

I have leukemia and following the recommendations of this book, my oncologist was amazed to see

the progress that I have made in 3 months.

This is a great book for anyone looking for a better healthy way to kill and fight off cancer. Plus this book actually gives you a complete cure for Cancer. If you have cancer or know someone who has it, they will treasure it as they beat cancer holistically rather than using chemo. I bought this book on the advice of my Nauropathic Doctor when I was diagnosed by an oncologist with having Stage 4 Terminal Cancer and had over 200 cancerous tumors in my body. I elected to go the alternative route and thank the Lord less than 7 months from the day I was diagnosed terminal Stage 4, I was and still am completely Cancer -Free.Stop buying into the mumbo jumbo from the MD and the FDA which state only chemo and drugs kill cancer, there is a cure and this book tells all. Believe it, I did!

VERY ,VERY GOOD BOOK ,my husband its on the 100 page ,he is cleaning my pantry and teling me what we should eat to be HEALTY ,YOU WILL OPEN YOUR BRAIN HOW MUCH BAD THINGS WE EAT AND DONT EVEN KNOW.

Download to continue reading...

Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Cancer Cure

Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Cancer Cookbook: 125 Anti-Cancer Recipes to Prevent, Treat and Beat Cancer Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) How to Prevent and Treat Cancer with Natural Medicine Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers CANCER PREVENTION: Cancer Factors, Cancer Fighting Foods And How The Spices Turmeric, Ginger And Garlic Can Reduce Cancer Risk (Essential Spices and Herbs Book 4) DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar: How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural Remedies - Natural Diabetes Remedies) Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Treat Your Dog Right: Best Ever Homemade Dog Treat Recipes Natural Remedies, Medicine and Cures: Herbs, self-healing and how to treat and cure all common ailments and major diseases Your Life in Your Hands: Understand, Prevent and Overcome Breast Cancer and Ovarian Cancer

Contact Us

DMCA

Privacy

FAQ & Help